

# Initial Direction Questionnaire

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# Agenda

1. Review the Spectrum of Alternative recovery programs
2. History and Development of IDQ
3. Explore potential applications
4. Additional research options

- Review the Spectrum (handout)
- The Recovery Resource Center Inc.  
(handout)  
[www.rrci.net](http://www.rrci.net)
- Assessments

Recovery Resource Center, Inc.

Choice: as to recovery orientation



WFS ← LSR ← SMART → RR

- Review the Spectrum (handout)
- The Recovery Resource Center Inc.
- Assessments
  - Pending publication December 2007, The Initial Direction Questionnaire, Counselor Magazine
  - April 2005 Counselor Magazine Article “Bridging the Gap”
  - State/Funding requirements
  - Supplement to level of care assessments

Level  
of  
care

DSM IV

ASAM

ASI

Recovery Orientation

"THE SPECTRUM"

IDQ



# "THE SPECTRUM"

AA ↔ WFS ↔ LSR ↔ SMART ↔ RR



93% of all inpatient and outpatient treatment programs are based on the 12 Steps  
83% hold AA meetings on site

(University of Georgia 1997)

# "THE SPECTRUM"

AA ↔ WFS ↔ LSR ↔ SMART ↔ RR

An inclusive, diversified recovery  
system



# History of IDQ

1. RRCI's recovery orientation
2. Requested 10 statements that best reflect the beliefs of that orientation
3. Responses: no outside activities to 10 statements
4. List of 33 questions and scoring sheet
5. Created the study with UC and CVAMC

# Results

- 102 samples from test-retest format
- Both inpatient and outpatient SA tx
- Mostly men
- Reliable Instrument
- 23 Statements with assisted or self scoring  
(handout)

# Applications

- Add to mandated assessments
- Review with clients
- Acknowledge developer and owner
  - John Salter

# Research Options

- Validity study needed
- Treatment settings: Inpatient and Outpatient needed
- Group Treatment or Individual
- Funding for “matching” and “client centered”

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